



August 2020 Rev- 2.0

## Poppleton Junior Football Club

### COVID 19 – Football Re-Start - Risk Assessment

The following document has been created in line with the following published guidelines, in light of the Government guidance issued on the 1<sup>st</sup> June 2020 permitting the re-opening of local football facilities.

- UK Government Coronavirus (COVID-19) guidance updated, Issued by Public Health England
- FA COVID 19, Guidance on Re Starting football activity version 1.0 published 18/07/20.

As a local football club, we shall operate consistently with the Government guidance regarding health, social distancing and hygiene and ensure the following objectives are achieved

- That all members and users can maintain a safe 2m distance where possible but no less than 1m
- That good hygiene practices are in place
- That equipment is disinfected regularly
- That anyone who is symptomatic or suspects they have been exposed to the virus does not take part and remains at home

## Infection Control: controlling risks

### APPENDIX 1 : RISK ASSESSMENT

<b>Name of Organisation</b>	<b>Poppleton Junior Football Club</b>		
<b>Name of Assessor</b>	<b>James Nellist</b>	<b>Date of assessment</b>	<b>15/07/20</b>
<b>Area in Question</b>	<b>Football club house and football pitches</b>		
<b>Specific activity assessed</b>	<b>Football Training &amp; Toilet Facilities Only</b>		
<b>Identify the hazard and symptoms</b>	<b>COVID 19 Corona virus :</b> Can cause flu like symptoms, including fever, cough & difficulty breathing. There is no current vaccine. In most cases people get better through rest, drinking water and pain relief.(paracetamol)		
<b>Those who are at a higher risk from sources of infection</b>	<b>Members and Players :-</b> <ul style="list-style-type: none"> <li>• Are aged 70 years or above (current government guidance)</li> <li>• Have heart disease</li> <li>• Have diabetes</li> <li>• Lung/respiratory disease or infection</li> </ul>		



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	<ul style="list-style-type: none"> <li>• Had or having cancer treatment</li> <li>• Recently had a medical operation or procedure</li> <li>• Declared they have had a previous infection or disease</li> <li>• Pregnant females</li> <li>• Young person's such as school work experience</li> </ul>
<b>Chain of Infection : Source- Transmission- Host</b>	
<p><u>Source of infection</u> Evaluate the Risk</p>	<p>Respirable discharges such as droplets generated when a person coughs or sneezes and direct skin contact when shaking hands or embracing – Bodily Fluids</p>
<p><u>Transmission of infection from or by Host :</u> Ingestion, Inhalation, Zoonosis</p>	<ul style="list-style-type: none"> <li>• Putting contaminated hands or fingers(pens, pencils) into mouths nose or close to eyes – <b>Ingestion</b></li> <li>• Breathing in infectious aerosols droplets discharged by coughing and sneezing from other employees or visitors to site or offices- <b>Inhalation</b></li> <li>• Picking up from surfaces that have contamination and wiping face or placing fingers in or near mouth – <b>Ingestion</b></li> <li>• Skin to skin transmission of the infection during hand shaking or embracing animals and pets- <b>Zoonosis &amp; absobtion</b></li> <li>•</li> </ul>
<p>List control measures</p>	<p><u>Current controls listed are provided from Public Health England Guidance- Prevent the spread</u></p>
<p>Hygiene, conduct , staffing, first aid, fire &amp; emergency preparedness</p>	<ul style="list-style-type: none"> <li>• Ensure clean hygiene at the club and in toilet facilities – Increase cleaning frequency on hand rails, door handles and work surface, toilets, rest rooms.</li> <li>• All teams, players, parents, coaches and helpers that attend MUST practice social distance of 2Meter rule where possible but no less than 1Meter</li> <li>• Provide additional sanitizer wipes and gels for ingress and egress locations and toilet facilities.</li> <li>• Brief all teams, players, parents, coaches and helpers on advice on coronavirus public health England – TBT – safety circular- display posters, new member inductions provide information of Washing of hands more often.</li> <li>• Provide hand sanitizer for all entry points to the club and ensure signing in. Monitor through Safety Conversation/ observations.</li> <li>• Air conditioning &amp; Mechanical Hand driers to be switched off when the club is open. Windows and doors to be open to increase the flow of fresh air.</li> <li>• Anyone who demonstrate signs of infection such as coughing, sneezing, temperature or headaches to be advised to go home and self-isolate as government recommendations- inform the club welfare officer immediately.</li> <li>• Provide regular updates to teams, players, parents, coaches and helpers on adopting changes or updates provided by Public Health England.</li> <li>• Advise teams, players, parents, coaches and helpers employees not to attend large group meetings,</li> </ul>



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	<ul style="list-style-type: none"> <li>• Any persons who has travelled back from a country listed by Public Health England as at risk to self-isolate for the permitted period and will not be allowed to attend the club</li> <li>• Suspend all non-member access to the club</li> <li>• Discourage hand shaking when meeting</li> <li>• Self-isolation as directed by UK Government</li> <li>• A maximum of 30 people in teams inclusive of the coach/helper</li> <li>• Split teams to different locations within the playing area to reduce contact</li> <li>• Ensure changes to first aid provision is notified to all members and protocols updated.</li> <li>• Record all teams, players, parents, coaches and helpers who self-isolate or do not attend due to being symptomatic.</li> <li>• Regular team meetings to review next steps as information becomes available – senior team</li> <li>• Travel to the club to be done with members of the same family only, no car sharing.</li> <li>• No Non Playing visitors to the club unless watching an u18 player Ensure adequate fire marshals- If necessary review current fire procedure.</li> </ul>
<p>Potential next step controls</p>	<ul style="list-style-type: none"> <li>• Letter to be issued to Parents/Guardians to advise on the above protocols and to identify any member who may be at greater risk and advise them to seek additional professional medical advice prior to attending the club.</li> <li>• Update and review Risk Assessment controls as further information is made available from UK Government communications and Public Health England. Or when changes are announced.</li> </ul>
<p>Further information</p>	<p>N.B. at the time of this assessment NO known cases of COVID 19 coronavirus have been diagnosed or declared to Poppleton Junior Football Club.</p>

Further Specific Protocols to be implemented.

1) COVID – 19 Working Group

The PJFC Committee has created a working group of members who shall be responsible for the review, update and implementation of changes to the Risk Assessment as and when changes to the Government Guidelines are issued for use.

2) Avoiding Congregation

In order to avoid congregation at the site, the PJFC Committee have implemented a revised time table of training times which have been extended throughout the week, limiting the number of teams to 6 training at any one time. Player numbers will be limited to 30 plus a coach in line with Government guidelines.



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### 3) Waste Facilities

Additional waste stations will be placed around the club for use. Teams, players, parents, coaches and helpers will be advised to place all waste in the bins provided. The waste collection frequency is to be increased.

### 4) Ingress & Egress

Ingress and Egress to the playing areas will be limited to a single entry point to ensure we can control those accessing the fields. A one way system will be in place and clear directional signage and 2m distance markers. At each entry and exit point a hand sanitiser station will be present. All teams, players, parents, coaches and helpers are to adhere to these protocols

### 5) Registration

At the start of every session, the team manager will be responsible for taking a register of the attendees. This must be delivered back to the Club Representative on site. These registers are to be archived and kept for future reference.

### 6) The Club House

The club house will be closed for use, apart from the toilet facilities. A one way system will be in place, with sufficient directional signage in place. Hand sanitiser stations will be placed at the entry and exit points for members to use. Hygiene posters will be placed on walls to remind members of good practice. All mechanical hand-driers and AC units to be decommissioned. The existing toilets will be removed from use due to their small size. The four Changing Rooms will be opened for toilet use only. Doors are to be left open to limit the need for touching doors. Each Toilet lobby to have a hand sanitiser station for members use. Each door to have a Vacant/In Use sign to limit more than one person entering the facility at a time. All Seating and benching to be removed to stop members congregating within the facility. No Changing facilities will be available, players are to be requested to arrive and leave in their own kit.

### 7) Water

Players will be advised to bring their own named water bottle for their consumption only. Filling of water bottles within the club house will not be permitted.

### 8) First Aid Provision

Each first aider shall be requested to follow the FA First Aid guidance for returning to outdoor competitive grassroots football. The club will provide a sealed, unused, COVID 19 pack to the first aider in the event of a First Aid need. The pack will contain an apron, face mask, visor, gloves and cleaning products. The pack is to be single use and safely disposed of after use.

### 9) Cleaning

The PJFC committee have implemented a thorough and rigorous cleaning regime. Daily cleaning is to take place after use with a record taken of the cleaning event. High touch points have been identified and increased cleaning to take place. All non-essential fixtures and fittings have been removed from the club house. All contamination testing (Legionella) has been undertaken prior to the club house opening.